



THE 14TH ANNUAL EVIDENCE BASED  
PRACTICE CONFERENCE

## THE VALUE OF NURSING IN ACHIEVING PATIENT OUTCOMES

---

**FRIDAY, OCTOBER 8, 2010**  
**7:15 AM – 2:30 PM**

*Presented by*  
The Institute for Health Care Education and  
Connecticut Nursing Research Alliance



# Overview

The 14th Annual Evidence Based Practice Conference: The Value of Nursing in Achieving Patient Outcomes, is presented by the Institute of Health Care Education and Connecticut Nursing Research Alliance. The keynote address will be delivered by Dr. Sharon Eck Birmingham, DNSc, MA, BSN, RN, Chief Nursing Executive for the Clairvia Corporation and Adjunct Faculty for the University of North Carolina, University of Iowa and Yale University. The morning session includes your choice of concurrent abstract presentations or skill building sessions. Poster and research awards and lunch will be followed by the plenary address given by Donna Diers, RN, PhD, FAAN, the Annie W. Goodrich Professor of Nursing Emerita at the Yale University School of Nursing and Senior Clinical Coordinator, Decision Support, Yale-New Haven Hospital and Bette Ann White, CPA, MPH, Consultant.

## KEYNOTE SPEAKER

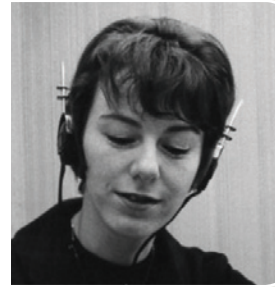


**Dr. Sharon Eck Birmingham** is a nursing leader and scholar with over twenty-seven years of contribution to nursing service and academia. She currently holds a private sector position as the Chief Nursing Executive for the Clairvia Corporation in Durham, North Carolina, Clairvia specializes in evidenced-based software technologies that transform and sustain improved systems of care. These systems align nursing resources and patient clinical progress, historically held in silos in staffing and scheduling systems and the electronic health record. Sharon serves in adjunct

faculty appointments at the University of North Carolina, University of Iowa and Yale University.

Dr. Birmingham obtained her BSN and Master's Degree from The University of Iowa and Doctoral degree from Yale University. She conducted her doctoral dissertation on "The Effect of Nurse Staffing on Clinical, Organizational and Financial Outcomes." Sharon is currently a co-Principle Investigator on a national nursing turnover study with Drs. Cheryl Jones and Barbara Mark at UNC. She is an active member in AONE, ANA, Sigma Theta Tau Honor Society, NCONL, and the American Academy of Ambulatory Nursing.

## PLENARY SPEAKERS



**Dr. Donna Diers** is the Annie W. Goodrich Professor of Nursing Emerita at the Yale University School of Nursing and Senior Clinical Coordinator, Decision Support, Yale- New Haven Hospital. She also holds Adjunct Professor appointments at the University of Technology, Sydney, and has been a Visiting Professor at Massey University in New Zealand. In the United States, Professor Diers is identified with the emergence of clinical nursing research methodologies, as she wrote the first book on that subject. She is also recognized for her work on the policy and politics of advanced practice nursing (nurse practitioner and nurse-midwifery). In Australia, her work with case mix for clinical practice and operational management is particularly well known. Her publications have appeared in all major nursing journals in the USA and in many journals in health services in the US and Australia. She was Dean of the Yale School of Nursing for 12 ½ years and later Editor of *Image – Journal of Nursing Scholarship* for eight years.



**Bette Ann White, CPA, MPH**, Consultant has a strong accounting and finance background, specializing in healthcare finance since 1987. She has overseen hospital managed care budgeting and reimbursement departments and was the CFO for a physician practice management company. Bette Ann has focused her efforts on managing nursing costs in a complex academic medical center environment.

**THE CONNECTICUT NURSING RESEARCH ALLIANCE** is comprised of seventeen colleges, universities and acute care institutions throughout Connecticut. The Alliance seeks to provide a network of support for nurses and nursing students in evidence-based practice activities including nursing research and research utilization. The mission of this Alliance is to promote and improve the health of individuals and communities by supporting evidence-based nursing practice through collaborative efforts.

**Alliance member organizations include:** Bristol Hospital, Capitol Community College, Central Connecticut State University, Charlotte Hungerford Hospital, Eastern Connecticut Health Network, Hartford Hospital, Hospital of Central Connecticut, Hospital of Saint Raphael, Hospital for Special Care, Midstate Medical Center, Quinnipiac University, Saint Joseph College, Southern Connecticut State University, University of Connecticut, University of Hartford, William Backus Hospital and Windham Hospital.

## PROGRAM SCHEDULE

- 7:15 – 8:00 AM**     **REGISTRATION Coffee & Danish**  
Heublein Hall, ERC Lobby
- 8:00 AM**     **WELCOME (Heublein Hall)**  
Amy Schröder, RNC, MSN  
Chair, Planning Committee
- 8:05 AM**     **OPENING REMARKS**  
Linda Berger Spivack, RN, MSN  
Vice President of Patient Care Services • Hartford Hospital
- 8:15 AM**     **KEYNOTE ADDRESS**  
**Nurse Value and Patient Outcomes**  
Sharon Eck Birmingham, DNSc, MA, BSN, RN
- 9:30 AM**     **COFFEE BREAK**  
Heublein Hall  
Poster Exhibit Viewing – Formal and Informal Lounge  
Vendor Exhibits – ERC Lobby
- 10:00 AM**     **SKILL BUILDING PRESENTATIONS:**

### Presentation A

**Expanding Practice Through Research: Using Quantitative and Qualitative Methods**  
Terry Bosworth RN, PhD  
Associate Professor of Nursing • Saint Joseph College

### Presentation B (Robinson Library, 3rd fl)

**Creating Conference Posters with Microsoft Powerpoint®**  
Daniel Small, Multimedia Consultant  
Pyrtec Learning Resource Center • Hartford Hospital

### CONCURRENT ABSTRACT PRESENTATIONS:

#### Presentation C

**Reducing Failure-To-Rescue Events Through the Use of High-Fidelity Simulation**  
Barbara Aronson, PhD, RN, CS; Barbara Glynn, DNP, RN;  
Timothy Squires, RN-BC, MS  
Southern Connecticut State University

#### Paired with:

**Social Justice: Faculty Reports of Student Clinical Incompetence from the Ethic of Justice and the Ethic of Care**  
Maria Tackett, EdD, CCRN, CEN  
Hartford Hospital

*continued on page 2*

## PROGRAM SCHEDULE *(continued from page 2)*

### (10:00 AM SKILL BUILDING PRESENTATIONS - continued)

#### Presentation D

**Fall Risk Identification and Intervention To Prevent Falls In The Outpatient Care Setting**  
Christine Waszynski, RN, MSN, GNP-BC; Cheryl Larson, RN, BSN;  
Margaret Hanbury, RN, BSN, MPH; Kathleen Burns, RN, MSN, OCN  
Hartford Hospital

#### Paired with:

#### The Use of Unit Based Volunteers to Prevent Inpatient Falls

Christine Waszynski, RN, MSN, GNP-BC; Wioletta Chrostowski, RN, BSN;  
Denise Bourassa, MSN, RNC, CNL  
Hartford Hospital

#### Presentation E

#### The Impact of Pessary on Prolapse Symptoms, Quality of Life and Body Image

Colleen Mellen, BS, MSN, CNS  
Hartford Hospital

#### Paired with:

#### The Use of Senna with Docusate for Post-Operative Constipation after Pelvic Reconstructive Surgery: a Randomized, Placebo-Controlled Trial

Allison Forrest, RNC, BSN  
Hartford Hospital

### 11:15 AM     SKILL BUILDING PRESENTATIONS:

#### Presentation F

#### Get Read: Writing for Publication

Cindy Barrere, PhD, RN, AHN-BC  
Professor of Nursing • Quinnipiac University  
Lisa Carter, MSLIS  
Clinical Librarian for Nursing • Hartford Hospital

#### Presentation G (Robinson Library, 3rd fl)

#### Creating Conference Posters with Microsoft Powerpoint®

Daniel Small, Multimedia Consultant  
Pyrtec Learning Resource Center • Hartford Hospital

#### Presentation H

#### Implementing a Clinical Scholars Internship: A Demonstration Project

Maura McQueeney, BSN, MPH, NE-BC  
Middlesex Hospital

*continued on page 4*

## PROGRAM SCHEDULE (continued from page 3)

### Presentation I

#### **Transforming Care at the Bedside (TCAB): Solving the Puzzle of 11:00 AM Discharge**

Susanne Yeakel, RN, MSN, NEA-BC, CNML; Sarah Hickey, RN, BSN;  
Ryan Millbury, RN, BSN; Ifeoma Mogor, RN, BSN; Claire Quaggin, RN  
Hartford Hospital

#### *Paired with:*

#### **Sustaining Unit-Based Skin Champions to Improve Pressure Ulcer Outcome: "Champ Camp"**

Rebecca Morton, RN, BSN, CWCN  
Hartford Hospital

### Presentation J

#### **Evidence-Based Acute Sickle Cell Pain Management in the Emergency Department**

Jessie Condon, RN, MSN; Susan D'Angelo, RN, BSN; Sue Ellen Goodrich, RNC, MSN;  
Julie Ann LaFlamme, RN, MSN; Cheryl Tafas, RN, MS  
UCONN Health Center

#### *Paired with:*

#### **Dying with Dignity: Hospice Nurses' Perceptions in Rural Ireland and Connecticut**

Laura Foran, RN, BSN  
UCONN Health Center

<b>12:15 – 12:30 PM</b>	<b>POSTER AND RESEARCH AWARDS</b>
<b>12:30 PM</b>	<b>LUNCHEON (Heublein Hall)</b>
<b>1:15 PM</b>	<b>PLENARY ADDRESS: The Business Case for Nursing</b> Donna Diers, PhD, RN, FAAN & Bette Ann White, CPA, MPH
<b>2:15 PM</b>	<b>CONFERENCE WRAP UP</b> (Summary, Evaluation and Raffle)

## CONTACT HOURS

Contact hours will be awarded to participants who attend the entire conference. Partial contact hours will be awarded based on the number of sessions attended. Hartford Hospital is an approved provider of continuing education by the Connecticut Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact hour approval does not imply ANCC Commission on Accreditation/ CNA or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.

## REGISTRATION

**The conference is limited to the first 240 registrants.  
Registration deadline is September 30, 2010.**

**TELEPHONE REGISTRATION ONLY (with credit card payment).**

**Contact Health Referral Services at 860-545-1888.**

**FEE INCLUDES: Conference Materials, Refreshments, Luncheon and Off-site Parking.**

**\$25.00** Students (full & part-time)

**\$35.00** Hartford Healthcare Corporation (HHCC) Employees\* and Employees of CT Nursing Research Alliance Member Organizations (see listing on page 4)

**\$50.00** Non-HHCC and Non-Alliance

**Additional copies of conference brochure may be downloaded at:  
[www.ctnursingresearchalliance.org](http://www.ctnursingresearchalliance.org)**

\*HHCC Employees: Hartford Hospital, Midstate Medical Center, Jefferson House, Windham Hospital and VNA Health Care.

## PARKING & TRAVEL DIRECTIONS

Free, secure, off-site parking at ProPark America, 94 Hudson Street, Hartford. Please allow extra travel time for shuttle to conference site. We ask that you avoid parking in the hospital's public garage so that patients and families are not displaced. Parkers who use the public garage will do so at their own expense.

### **From North or South of Hartford**

Take I-91 South or I-91 North to exit 29A Capitol Area. Proceed under three overpasses to rotary. Follow the blue "H" signs  $\frac{3}{4}$  of the way around the rotary and take right onto Hudson Street. The ProPark America lot will be on your left, at the corner of Hudson and Linden Place.

### **From East of Hartford**

Take I-84 West and follow signs to exit 50, Main Street. At 2nd traffic light, take left onto Main Street. Follow Main Street through ~9 lights. Take right onto Linden Place. Turn right onto Hudson Street and the ProPark America lot will immediately be on your right.

### **From West of Hartford**

Take I-84 East to Exit 48B Capitol Avenue. Take left at light onto Capitol Avenue and proceed through next two traffic lights. At third traffic light turn left onto Hudson Street. The ProPark America lot will be on your right just beyond first cross street, Linden Place.

Conference location: The conference will be held at Hartford Hospital's Education and Resource Center (ERC), 560 Hudson Street.